**Rubric for Parachute Games**

**Look Fors:**

A1.1- actively participate in a wide variety of program activities *(e.g. lead-up games, recreational activities, fitness activities, dance)* according to their capabilities, while applying behaviours that enhance their readiness and ability to take part.

A2.1- Daily physical activity (DPA): participate in sustained moderate to vigorous physical activity with appropriate warm-up and cool-down activities to the best of their ability for a minimum of 20 minutes each day.

A3.1- Demonstrate behaviours and apply procedures that maximize their safety and that of others during physical activity.

B2.3- Apply a variety of tactical solutions to increase their chances of success as they participate in physical activities.

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|  **Criteria** | **Level 4** | **Level 3** | **Level 2** | **Level 1** |
| *Participation A1.1* | Participates actively and vigorously. | Participates actively. | Participates with some activity. | Does not participate actively. |
| *DPA 2.1* | 20 minutes of vigorous activity. | 15 minutes of vigorous activity. | 10 minutes of vigorous activity. | Less than 10 minutes of vigorous activity. |
| *Safety 3.1* | Understands and can explain all safety rules. | Understands and can explain most safety rules. | Understands and can explain some safety rules. | Understands and can explain a few safety rules. |
| *Tactical awareness 2.3* | Can apply and explain tactical awareness and solutions to group problems with parachute. | Can apply tactical awareness and solutions to group problems with parachute. | Can apply some tactical awareness and solutions to group problems with parachute. | Cannot apply tactical awareness and solutions to group problems with parachute. |